

Tennessee Rehabilitation Center

NAME OF THE PROGRAM: TRC Workplace Social Skills Training Boot Camp for Autism Spectrum Disorder (ASD)

TARGETED POPULATION: High school students who are on the Autism Spectrum, preferably Juniors or Seniors. All students would be day students.

TARGET NUMBER TO SERVE: Maximum of 10 during each session

TARGETED TIME FRAME AND LOCATION: Two sessions will be offered. The first session will be June 6, 13, 20, and 27, 2018 from 9:00 AM-12:45 PM. The second session will be July 11, 18, 25, and 26, 2018 from 9:00 AM-12:00 PM. Lunch will be provided. Classes will be held at the Tennessee Rehabilitation Center in Smyrna.

MAJOR EMPHASIS: The goal of the social training group is to help the individual maintain his or her uniqueness while learning the communication skills needed to navigate the workplace. Students will work on a variety of the objectives below individually and as a group:

- Build self-awareness create safe atmosphere
- Teach targeted social skills Practice, practice, practice!
- Disclosure/Prepping Employers
- Increase the student's self-awareness of what it means to have ASD
- Help empower the student to capitalize on his/her strengths
- Help the student learn to advocate for him/herself
- Job Exploration
- Work Based Learning
- Counseling on Post-Secondary Education
- Work Readiness

For additional information:

Janet L. Morris, Clinical Services Administrator Phone: (615) 223-2716 Email: janet.l.morris@tn.gov Anna Pekarski, Vocational Services Administrator Phone: (615) 223-8071 Email: anna.pekarski@tn.gov Tennessee Rehabilitation Center

460 9th Avenue, Smyrna, TN 37167

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